## ABSTRACT

Provided, among other things, is a method of treating or ameliorating or preventing an indication of the invention in an animal, including a human comprising administering an effective amount of a compound of the formula I:

$$R^{1}$$
 $N$ 
 $+$ 
 $X$ 
 $Z$ 
 $Q$ 
 $M$ 
 $(I)$ .